

Services Available for Homeless during COVID-19

Daytime Services

- A. **Nipissing Mental Health and Housing Support Services (NMHHSS) Gd2go Daytime Centre** (496 Main St E, North Bay, ON)
- Building and parking lot are open (as of March 20th) from 8:30 a.m. to 8:30 p.m. for the homeless population.
 - Only for individuals who are accessing the NMHHSS Centre of Friends Warming Centre during the night. Not being used as a general drop-in centre.
 - Activities are limited to perhaps a coffee or granola bar with social distancing being strictly enforced.
- B. **LIPI (Low Income People Involvement) 127 Main Street East, North Bay , 705-472-1337 (VM only) or lipi@lipinipissing.com**
- LIPI continues to provide all services and will respond to all essential service needs that are possible at this time.
 - Clients and/or agencies need only contact us and we will respond electronically.
 - Call 705-472-1337 (VM only) or email at lipi@lipinipissing.com
 - The only service that has been put on hold for the next month is tax preparation as the date to file has been extended.
 - We will continue to work with CHPI and Community partners to meet client needs in a timely manner.

Shelters

- A. **Crisis Centre North Bay** (1651 Cassells Street, North Bay ON)
- Open 24/7
 - 19 beds available + overflow
- B. **Nipissing Transition House** (547 John Street North Bay, ON)
- Is open but is not currently accepting new admissions due to health risks to shelter occupants and staff unless it is an extreme emergency situation
 - Referring non-emergency requests to the other women's shelters in the District, Crisis Centre, Warming Centre, or encouraging people to stay with family and friends.
 - Outreach is not being done at this time and the shelter phone number **(705)476-2429** is now the 24/7 crisis line.
 - Any new admissions are required to self-isolate in their rooms for 14 days.
 - If people leave the shelter they must either discharge themselves and are not allowed back in or they must self-isolate in their room for 14 days. People can go out for a smoke break or to get

some fresh air but they are not allowed to leave the property or else they must self-isolate in their room for 14 days.

- Only two families are allowed to eat at the dinner table at a time. There is one long table and they sit at either end. There are staggered mealtimes.
- There are currently 13 people in their shelter (including children). Their capacity is normally 20 people.
- There are 3 bathrooms upstairs, one on the main floor, and one in the basement. Right now every family has their own washroom and the two single women are sharing a washroom.

C. NMHHSS Centre of Friends Warming Centre (176 Main Street East, North Bay, ON)

- Open from 9:00 pm until 8:00 am for the homeless population
- 25 cots placed apart

D. Horizon's Women's Resources Centre (155 Salter St, Sturgeon Falls, ON)

- 705-753-1154
- 10 beds
- Open but limited admissions to women who fear for their safety.
- All admissions are screened as a precautionary measure.
- Only admitting abuse victims at this time.
- There is a detailed screening that occurs when someone is admitted (health etc.)
- Have asked clients to remain in the shelter until April 4th and they have been very cooperative
- Difficult to do social distancing because the shelter is at capacity. There is a system in place for extra sanitization, high traffic areas, mealtimes, and washrooms. Each resident has a disinfectant spray for the toilet/washroom.

E. Mattawa Women's Resource Centre (385 Pine Street) – no updates at this time.

Washroom Facilities

A. NMHHSS Gd2go Daytime Centre (496 Main St E, North Bay, ON)

- 8:30 a.m. to 8:30 p.m. for the homeless population.

B. Downtown Public Transit Terminal

- Open to the public from 9:00 am – 4:00 pm **for now**
- Have serious issues with vandalism, and theft of soap and toilet paper.

C. NMHHSS East & West Location (222 Main Street East-near TD & 176 Main)

- Staff are there during the day if people need to use the washroom but not open to the public.
- Bryan Eade, Community Ambassador Program has keys to the West office if he is doing street outreach and someone needs the washroom.

Shower Facilities

A. NMHHSS Centre of Friends Temporary Warming Centre (176 Main Street West, North Bay, ON)

Food Options

- A. The Gathering Place** (1181 Cassells Street, North Bay, ON)
- Take out bagged meals only
 - **Breakfast:** 9:00 am – 10:00 am (Monday-Friday)
 - **Lunch:** 11:30 am – 1:15 pm (Monday-Friday)
 - **Dinner:** 4:00 pm – 5:30 pm (Monday, Tuesday, Thursday, Friday, Saturday, Sunday)
- B. St. John's Anglican Church- Open Arms Cafe** (301 Main Street East, North Bay, ON)
- Take-out pre-packaged
 - **Dinner:** 5:00 pm – 6:00 pm (**Wednesday's only**)
- C. North Bay Food Bank** (1016 Fisher Street, North Bay, ON)
- Monday 9:00 a.m. to 12:00 p.m.
 - Wednesday 12:00 p.m. to 4:00 p.m.
 - Friday 9:00 a.m. to 12:00 p.m.
 - Donations and drop off 9:00 a.m. to 4:00 p.m. Monday – Friday
 - Donations online: <https://northbayfoodbank.ca/donations>
 - Can access once every 30 days for 1-3 days' worth of food (depending on supplies)
 - Relaxed requirements around I.D. and proof of income (will go back to these requirements when the pandemic is over)
 - COVID protocols: only one client in at a time; everyone must stay at least 2 metres apart from anyone else.
- D. Boots on the Ground**
- Continuing to hand out care packages. For example, 18 care packages on the night of March 25th)
 - Checking on their known homeless community members daily
 - Have hosted a few meals at the front door of Partners using the Partners kitchen for cooking, one meal in the underground parking garage, and two dinners out of Flat Rate Towing (previously Shark Mobile)
 - Preparing to host a meal on Sunday afternoon (March 29th)
 - Not able to host anything indoors due to the strict regulations
 - Operating with social distancing and sanitization in mind
 - Very concerned about community members who are homeless and do not have anywhere to go.
- E. Salvation Army Food Bank** (134 McIntyre Street East, North Bay, ON)
- 705-474-7859
 - Tuesday, Wednesday and Friday 10:00 am – 12 pm and then 12:30 pm – 2:00 pm
 - By Appointment Only
 - Clients can access once every 2 months

F. Mattawa Food Bank (450 Hurdman St, Mattawa, ON)

- Second Wednesday of the Month 9:00 am – 12 noon and by appointment
- Fewer volunteers and a pre-packaged hamper style delivery model
- Supplies are still pretty good and they are asking the community for food and cash donations
- Visitors are allowed in to the Food Bank one at a time after they answer health and travel related screening questions.

G. West Nipissing Food Bank (47 John Street, Sturgeon Falls, ON)

- Maintaining emergency services
- Food rescue is cancelled because of shortage of food in the stores and not enough donations

Food Banks and Community Meals currently closed due to COVID-19:

- **St. John's Anglican Church – Food Bank** (301 Main Street, East, North Bay, ON)
- **St. John's Anglican Church- Community Brunch** (301 Main Street, East, North Bay, ON)
- **St. Peter's Catholic Church Food Bank** (299 Airport Road)
- **Trinity United Church- Food Bank** (111 McIntyre Street East)
- **Infant Food Shelf at Trinity United Church** (111 McIntyre Street East, North Bay, ON)
- **Catholic Charities Food Bank** (387 Algonquin Avenue, North Bay, ON)
- **Redeemer Lutheran Church Food Bank** (Second Avenue and Ferguson Street)
- **St. Brices Anglican Church Food Bank** (1225 Cassells Street)
- **St. Andrews-Loaves & Fishes Food Bank** (399 Cassells Street, North Bay, ON)
- **Salvation Army- Gospel Fellowship Café** (134 McIntyre Street East, North Bay, ON)
- **Emmanuel United Church- Food Bank** (395 Lakeshore Drive, North Bay, ON)
- **Emmanuel United Church-Community Brunch** (395 Lakeshore Drive, North Bay, ON)
- **Holy Name of Jesus Church- St Francis Table Warm Meal** (146 Beth Avenue)

Updated as of: March 27, 2020, 11:30 am